



### **Audio Lesson Outline:**

#### **Week 1:**

- ⇒ An expanded view of 'healing' and 'illness'
- ⇒ How healing happens
- ⇒ The role of the Intuitive Healer
- ⇒ What is Intuition?
- ⇒ The seven Hermetic Principles as axioms for Intuitive Healing
- ⇒ The nature of the true Mind and the Principle of Mentalism
- ⇒ Suggested Home Practices

#### **Week 2:**

- ⇒ The Principle of Correspondence
- ⇒ The Chakras
- ⇒ Other correspondences in the human system
- ⇒ Suggested Home Practices

#### **Week 3:**

- ⇒ The Principle of Vibration
- ⇒ Reiki as a Vibratory Force
- ⇒ The eight Intuitive Senses and how to develop them
- ⇒ Suggested Home Practices

#### **Week 4:**

- ⇒ Permission as a Conduit for Healing
- ⇒ Compassion vs Pity

- ⇒ Divination Tools
- ⇒ Suggested Home Practices

### **Attunement Workshop Outline:**

What is Reiki; Attunements; Reiki Symbols; History

The Human System: Chakras; Koshas; Nadis

The Five Reiki Ideals

Gassho Meditation

Kenyoku Technique

Self-Treatment Steps

Self-Treatment Practice

Treating others – Steps

Treating Others Practice – pure Reiki flow

Byosen Technique

Joshin Kokyuu-Ho Technique

Hatsurei-Ho Technique

This traditional Usui Reiki material will be broken up with meditation, discussion and energy practices and you will receive 4 attunements over the workshop.